

Opening Your Heart
A Walking with Purpose Study

Location: ICSJ – North Park Campus
1431 N North Park Ave

Tuesdays 6:30-8pm

All are welcome!



Questions? Reach out to Jutta Keenan jkeenan@icsjparish.org Jill Pammler jill.pammler@gmail.com and Monika Nevis monika.nevis.va@gmail.com

Date	Lesson
November 7 th	Lesson 1 – Connect Coffee Talk: Four Steps to Walking with Purpose
November 14 th	Lesson 2 – Who is Jesus Christ?
November 28 th	Lesson 3 – Why is Jesus Christ Interested in My Friendship?
December 5 th	Lesson 4 – Why and How Should I Pray?
December 12 th	Lesson 5 – Connect Coffee Talk: God – First Place in All Things
December 19 th	Lesson 6 – Who is the Holy Spirit?
January 16 th	Lesson 7 – Why Should I Read the Bible?
January 23 rd	Lesson 8 – What is Grace and What Difference Does It Make?
January 30 th	Lesson 9 – What are the Limits of Christ’s Forgiveness?
February 6 th	Lesson 10 – Connect Coffee Talk: Your Heart – You are Captivating.
February 20 th	Lesson 11 – What Does the Sacrament of Penance Have to Do with my Friendship with Christ?
February 27 th	Lesson 12 – What Does the Eucharist Have to Do with my Friendship with Christ?
March 5 th	Lesson 13 – How Can I Conquer My Fears?

March 12 th	Lesson 14 – Connect Coffee Talk: Marriage – Transformed by Grace
March 19 th	Lesson 15 – What Is the Role of Suffering in My Life?
April 9 th	Lesson 16 – What Does Mary Have to Do with My Relationship with Christ?
April 16 th	Lesson 17 – Can God Really Change Me or Is That Just Wishful Thinking?
April 30 th	Lesson 18 – Connect Coffee Talk: Children – Reaching Your Child’s Heart
May 7 th	Lesson 19 – What Challenges Will I Face in My Efforts to Follow Jesus More Closely?
May 14 th	Lesson 20 – What is the Relevance of the Church in My Life?
May 21 st	Lesson 21 – How Do I Read the Bible in a Meaningful Way?
May 28 th	Lesson 22 – Connect Coffee Talk: Outside Activities – Set the World on Fire

Walking with Purpose Small Group Honor Code:



At WWP, we are all about small group communities characterized by mutual encouragement and support instead of competition and comparison. We commit to living out the following values:

Confidentiality

We agree that whatever is shared here stays here. This includes what is shared through phone calls, e-mails, etc. We want this group to be a safe place to grow.

Authenticity

We will seek to be open and honest with each other. Our small group is a place to take off our masks, be ourselves, and be accepted for who we are.

Respect

We agree to communicate in ways that are respectful, and to give advice only when it is requested. We are all at various points on our spiritual journeys. We commit to giving each other grace and not throwing stones of judgment at one another.

Positivity

Negativity weighs down the heart, so we strive to communicate in a way that is filled with hope and encouragement.

A Spirit of Welcome

We agree to keep an empty chair for others and seek to reach out to other women who need this place of caring and growth.